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 - Air Force NETCENTS-2
 - ARMY ITES-3S
 - DISA Encore III
 - GSA Alliant 2
 - GSA IT Schedule 70
 - NAVY Seaport-NxG
 - NIH CIO-SP3 SB OTSB
 - NIH CIO-SP3 8a OTSB
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 - SEC OneIT
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Virtually Celebrating Halloween in 2020

As October 31st neared, ActioNet searched for a way for our employees to celebrate the Halloween holiday together. With many employees working from home, we were unable to make an event of costumes in the office. Like many other events in 2020, we decided to take our Halloween costume contest online!

To continue the holiday cheer, we extended our costume contest this year. Not only would employees be eligible for entry, but so would their spouses, children, and other close family. ActioNeters raved over the change and were excited to submit photos of their fun and creative costumes. In the end we received a total of ten photographs from six different families.

The Halloween Costumes

Fun and creative costumes filled our inboxes. Some contestants decided to dress up as their real-life heroes, such as an astronaut, a firefighter, and the late Ruth Bader Ginsburg. Others dressed up as their fictional heroes, like Harry Potter and Gru



and friends from Despicable Me. Our last contestants flexed their design and creativity with costumes such as unicorns and scarecrows. Check out the wonderful photos from our ActioNeters below!

The Contest

After reviewing the entries we couldn't let everyone go home emptyhanded. That's why we created a video and released the photos to the entire company to enjoy. After everyone was done watching they took the time to vote for their favorite costume in our survey. The top winners received a gift card prize!



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PRESIDENT'S NOTE

Dear Friends,

2020 has been a year that has brought us many challenges. The silver lining has been how we have rallied around each other to stay strong, stay safe and stay connected in many ways and many circumstances.

Thanks and appreciation goes to our front line responders, our servicemen and servicewomen in our Armed Forces, the many volunteers that have donated to help those in need and our Services Industry workers who have kept all of us supplied during this challenging period. The bonds we have forged makes us stronger.

As we close out 2020 and prepare for 2021, the best is yet to come if we bring out the best in each other. Wishing everyone a safe and healthy Holiday Season.

Ashley W. Chen
 Chairman & CEO

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Staying Strong, Staying Safe and Staying Connected

By Jeffrey D. Abish, President & CAO

During this time of year, we often reflect on technology advancements that provide Innovation and improve the way we do business. The way we all do business took a hard left on March 13 when the COVID-19 pandemic led to a shift in nearly everyone working remotely and many scrambling to buy as much groceries, personal protective equipment (PPE) and supplies as possible, leaving empty shelves and widespread panic. For a brief period of time, the supply chain collapsed with farmers unable to have their crops picked up by distributors and a large amount of produce was discarded. The rising numbers of infections led to the shutdown of businesses such as restaurants, bars, concerts, sporting events, movie theaters and leisure travel. The Federal Government disbursed over \$2T of relief funds in support of small businesses, airlines and other key sectors to keep them afloat and the paycheck protection program to retain employees and make payroll. Protections were extended to renters having trouble paying rental by blocking evictions. What many took for granted before became a daily battle for survival.

"Almost immediately, the distinction between the office and home blurred as did the boundaries of a normal work day."



Almost immediately, the distinction between the office and home blurred, as did the boundaries of a normal work day. Days turned into nights into weekends. Many families with as many as three generations living in the same household that had healthy breaks in interaction were around each other all the time, which created additional layers of stress and conflict. Parents were forced to manage the entire day for their



ActioNews, the newsletter of ActioNet, Inc. is published to provide examples and applications of cutting edge IT topics and practices.

ActioNews is published quarterly (March, June, September, and December) as a service to its staff, customers, and potential customers.

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“ActioNet has been supporting Breast Cancer Awareness Month for years after the news of its impact on some of our employees.”

ActioNet Works Together in Support of Breast Cancer Awareness Month

Breast Cancer Awareness Month is an internationally recognized campaign to increase the attention of the disease and support finding a cure. We celebrate Breast Cancer Awareness Month every October to not only support those suffering from the condition, but also raise awareness and promote detection.



We are proud to wear pink, discuss detection, and promote awareness annually. In 2020 we decided to increase our initiatives by hosting video

memory of family members that had passed away from cancer. Others were collaborations between the employee and their children to help remind the next generation of the importance of awareness.

A sincere thank you to all our participants. The pumpkins were on display in our 10th floor reception area through early November.

Testimonial Videos

ActioNet has been supporting Breast Cancer Awareness Month for years after the news of its impact on some of our employees. This year we wanted to allow our employees to tell their own stories. Two amazing ActioNeters came forward with videos regarding their relationship with breast cancer.

ActioNeter Rohini submitted her testimonial regarding her great grandmother’s fight against the disease in 2004. Rohini remembers that her great grandmother had long, beautiful hair. During chemotherapy her hair began to fall out and she felt insecure about the hair loss. Rohini’s great grandmother lost her battle in 2005, but the memory of her battle remained. In 2018 Rohini donated 12 inches of her hair to Pantene Beautiful Lengths to help other women feel confident through their chemotherapy treatment. Through her bravery Rohini inspired three friends to donate their locks as well!

ActioNeter Michelle submitted the second testimony regarding her mother and brother. Michelle’s mother is a 10-year breast cancer survivor, but sadly her brother lost his 7-year battle with breast cancer in March 2017.

Michelle was his caregiver for the last 3 years of his fight. His



Staying Strong, Staying Safe and Staying Connected

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children without the relief of day care. In person meetings at work and school sessions were replaced with virtual meetings and classes leveraging Google, Teams, WebEx, Zoom and other technologies. The inability to collaborate in person doubled the number of e-mails and calls we all have to endure to try to stay as connected as possible without losing meaning, momentum and meeting personal and business goals.

The cumulative pressure cooker that we have all been contending with for the past eight months exploded amidst police brutality and subsequent social justice protests, a lack of widespread preventive behaviors including wearing masks and social distancing and, most recently, a contentious and divisive election. Our biggest concerns have turned out not to be foreign adversaries, but how we interact and support each other. The worst kind of wounds are those that are self-inflicted. We started the Year 2020 with optimism about the economy and the future but another meaning of 20/20 is the ability to see clearly. If there is anything we have learned about the Year 2020, it should be that we need to get our focus back with a greater understanding of how truly connected and dependent we are on each other and that we need each other. By helping each other, we are helping ourselves and that becomes a true force multiplier that enables a path to recovery for all of us. In spite of the challenges that

2020 has brought us, there is light at the end of the tunnel with vaccines on the horizon,

Special thanks go out to our front line medical professionals who have borne the brunt of this pandemic, fighting every day to blunt this horrible plague and give those that they care for a chance of survival and to return to their families. The entire services industry also deserves a great degree of our gratitude including food service and distribution, delivery workers, the transportation industry and many others that helped keep all of us supplied and connected during this difficult time. All of us play a part in supporting our local businesses and restaurants who, while struggling themselves, have played a role in the distribution of food and other donations to those less fortunate especially with the holidays approaching, and for being the glue that keeps us all connected and caring about each other.

In 1944, Winston Churchill once said, “We make a living by what WE GET, we make a LIFE by what we give.” These words have never been truer in 2020. We firmly believe that the best is yet to come if we bring out the best in each other.

Best wishes to everyone and their families and friends to stay safe, stay strong and stay connected as we weather the storms of 2020 in order to see the bright sunshine ahead of us in 2021.

journey started with changes to his nipple that had begun to turn inward. Her brother thought it was just part of the aging process but decided to have it checked out by his primary doctor. Mammogram, biopsy and blood tests determined that he was in stage III breast cancer. As years passed, the cancer progressed to stage IV and spread to his bone, brain, liver and lungs. People who did not know him would never have thought that he was terminally ill. His attitude remained positive and he continually praised the care given by the oncology staff for his quality of life.

Continuing the Fight

Though October has come to a close we can still continue to bring awareness to breast cancer and advocate for early detection. Men and women alike should check for lumps, swelling, and other warning signs. Consult a doctor immediately when you notice an unusual sign or symptom.

Cancer has no respect of person; Spread the word about mammograms and raise awareness about the importance of early detection of breast cancer.



“In 1944, Winston Churchill once said, ‘We make a living by what WE GET, we make a LIFE by what we give.’ ”

